

# Protective Neutrinos and Antineutrinos: The Neutrinic Model for the Stable Coexistence of Matter and Antimatter

José Luís Pereira Rebelo Fernandes\*

Independent researcher since 2005, Engineer, graduated from the University of Porto

\*Corresponding author: [rebelofernandes@sapo.pt](mailto:rebelofernandes@sapo.pt)

Received September 22, 2025; Revised October 24, 2025; Accepted November 01, 2025

**Abstract** This article presents the Neutrino Model, a theoretical framework resulting from careful observation of decays and nuclear processes, in which neutrinos and antineutrinos play an active role in the stability of nuclear matter. Unlike the traditional view, in which these particles are regarded as almost inert byproducts of weak interactions, the Neutrino Model proposes that neutrinos act as protective shields for opposite charges inside atomic nuclei, preventing the annihilation of latent electrons and positrons [1] [6]. According to this model, beta decays, electron capture, and heavy lepton decays (muons and taus) are not destructive events but internal reorganizations mediated by neutrino protection [5] [6]. The model also predicts the existence of transient neutral states ( $\mu^0$ ,  $\tau^0$ ) absorbed by nuclear matter, offering a possible explanation for latent nuclear stability and the cosmic balance between matter and antimatter [3] [4]. It also interprets the possible destruction of matter, but always based on electron–positron annihilation. Although still hypothetical, the Neutrino Model provides a new perspective on matter–antimatter coexistence, suggesting that the balance between opposing forces is embedded in nuclear structure. This approach proposes experimentally testable hypotheses and opens pathways to new interpretations in nuclear physics and cosmology [7] [8] [9].

**Keywords:** Neutrino, antineutrino, beta decay, positron, electron, proton, neutron, antimatter, nuclear stability, leptonic reorganization, nuclear reorganization, matter–antimatter coexistence

**Cite This Article:** José Luís Pereira Rebelo Fernandes, “Protective Neutrinos and Antineutrinos: The Neutrinic Model for the Stable Coexistence of Matter and Antimatter.” *International Journal of Physics*, vol. 13, no. 5 (2025): 119-123. doi: 10.12691/ijp-13-5-1.

## 1. Introduction

The observable universe presents a fundamental paradox: if matter and antimatter were produced in equal amounts at the beginning of the cosmos, why did they not completely annihilate, leaving only radiation? Observations indicate a predominance of matter, a phenomenon that the Standard Model of particle physics does not fully explain [2] [3].

In the Standard Model, neutrinos are treated as almost inert particles, with functions limited to the conservation of energy and momentum, without any active role in nuclear stability or matter–antimatter coexistence [6].

The Neutrino Model proposes an alternative hypothesis: neutrinos and antineutrinos act as protective shields for opposite charges within atomic nuclei [5] [6]. Each latent electron is shielded by an antineutrino, and each latent positron by a neutrino [5]. These protective elements allow the radiation of the shielded particles. This cross-protection mechanism prevents mutual destruction, enabling the stable coexistence of matter and antimatter within the nucleus.

From this perspective, processes traditionally considered spontaneous transformations — including  $\beta^-$  and  $\beta^+$  decays and electron capture — can be reinterpreted as internal reorganizations mediated by the redistribution or release of these neutrino shields. Furthermore, the model predicts the existence of transient neutral states ( $\mu^0$ ,  $\tau^0$ ), absorbed by nuclear matter, offering a possible explanation for latent nuclear stability and the cosmic balance between matter and antimatter [3] [4].

Thus, the Neutrino Model provides a new lens for analyzing nuclear physics and cosmology, indicating that matter–antimatter coexistence is not only possible but also intrinsic to the structure of atomic nuclei [8] [9]. This approach proposes experimentally testable hypotheses, opening pathways for a deeper understanding of the universe and the balance of opposing forces in nature [7] [10].

## 2. Motivation and Development of the Neutrinic Model

The Neutrinic Model emerged from the analysis of inconsistencies and open questions in the Standard Model,

especially concerning matter–antimatter asymmetry and particle decay processes [1] [7]. Observations indicate that neutrinos, traditionally considered almost inert byproducts of weak interactions, may play an active role in the stability and reorganization of subatomic matter [6].

### Step-by-step development

## 2.1. Observation of Beta Decays

$\beta^-$  and  $\beta^+$  decays, as well as electron capture, show consistent patterns of neutrino and antineutrino emission [5] [6]. These patterns suggest structured interactions, pointing to a mediating mechanism not yet described by the Standard Model [5].

## 2.2. Hypothesis of Latent Charges within Particles

Electrons and positrons may exist inside neutrons and protons in a shielded state, requiring neutrino protection to prevent premature annihilation [5] [6]. Antineutrinos shield electrons, while neutrinos shield positrons, forming a cross-protection system within nuclei [5].

## 2.3. Reinterpretation of Decay Processes

Instead of spontaneous transformations or destructions, decays are viewed as functional reorganizations mediated by protective neutrinos [5] [6]. This approach resolves the paradox of how matter and antimatter coexist without immediate annihilation [4].

## 2.4. Introduction of Transient Neutral States

Heavy leptons (muons, taus) and quarks can form transient neutral states ( $\mu^0$ ,  $\tau^0$ ,  $q^0$ ), temporarily absorbed by nuclear matter [5] [6]. These states allow controlled reorganization of nuclear charges, preserving stability during decay [4].

## 2.5. Cosmological Implications

The model naturally explains the latent coexistence of matter and antimatter in the universe [8] [9]. Neutrinos, rather than being passive, act as active mediators of stability, suggesting that the apparent cosmic asymmetry may be observational rather than real [3] [4].

### Central insight

By proposing active roles for neutrinos and antineutrinos, the Neutrino Model unifies subatomic stability, nuclear decay patterns, and cosmic matter–antimatter balance into a single conceptual framework [5] [6]. The development of the model was guided by:

- Empirical observations of decay patterns incompatible with purely stochastic interpretations.
- Theoretical gaps concerning the rarity of antimatter despite initial symmetry.
- The logical necessity of a mechanism preventing the immediate annihilation of contained electron–positron pairs.

### Neutrinic Model

The captured electron is not simply absorbed. A previously protected positron undergoes annihilation

mediated by neutrinos, producing photons and neutrinos. The nucleus may emit X radiation until reaching the ground state.

Thus, electron capture is a controlled nuclear reorganization, not a simple transformation, ensuring the stable coexistence of matter and antimatter.

## 3. Analysis of Beta Decays and Electron Capture

For clarity, the main symbols used in this section are:

n – neutron

p – proton

$e^-$  – electron

$e^+$  – positron

$\nu_e$  – electron neutrino

$\bar{\nu}_e$  – electron antineutrino

### 3.1. $\beta^-$ decay



In  $\beta^-$  decay, a neutron transforms into a proton, emitting an electron and an antineutrino. According to the Neutrino Model, both the electron and the antineutrino are already present in the neutron, with the electron shielded by the antineutrino. This mechanism ensures that the electron is released without annihilating with latent opposite charges, transforming the neutron into a proton. The process therefore represents a functional reorganization of matter, rather than its destruction [5] [6].

If the released electron is captured orbitally by the proton, a hydrogen atom is formed [5].

The Neutrino Model also hypothetically predicts that the neutron could release a shielded positron, giving rise to a particle equivalent to antihydrogen. This possibility is not experimentally observed but illustrates how neutrino and antineutrino cross-protection allows different reorganizations of charges within the nucleus, maintaining the stability of matter and antimatter.

### 3.2. $\beta^+$ decay



In  $\beta^+$  decay, a proton transforms into a neutron, emitting a positron and a neutrino. According to the Neutrino Model, the positron already resides in the proton and is shielded by the neutrino, preventing annihilation with latent electrons.

The process is therefore interpreted as a controlled internal reorganization, not a spontaneous transformation [5] [6]. The emission of the positron allows the nucleus to remain stable, maintaining the balanced coexistence of matter and antimatter.

### 3.3. Electron Capture



Traditionally, electron capture involves the absorption of an electron by the nucleus, converting a proton into a neutron and emitting a neutrino.

In the Neutrino Model, the captured electron interacts with positrons shielded by neutrinos. This interaction results in the emission of photons and neutrinos, internally reorganizing charges within the nucleus and ensuring the stable coexistence of matter and antimatter [5]. Thus, electron capture is reinterpreted as a functional process mediated by neutrinos, rather than a simple particle transformation.

#### Summary of point 2:

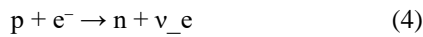
- $\beta^-$  and  $\beta^+$  decays, as well as electron capture, are functional processes regulated by neutrinos and antineutrinos [5] [6].

-Each emitted particle is part of a controlled reorganization, preventing immediate annihilation [5].

-The Neutrino Model offers a coherent explanation for the stable coexistence of matter and antimatter within atomic nuclei [3] [4].

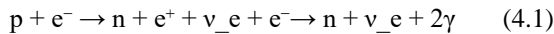
#### 3.3.1. Electronic Capture Reinterpreted

The proposal of the standard, traditional model:



To find a neutrino that would shield a positron, it would also have to be emitted.

#### The proposed Neutrinic Model:



Instead of absorption, there is annihilation between the electron and positron, releasing gamma photons and neutrinos. "The decay product is usually created in an excited state, producing cascades of X-rays until it reaches the ground state."

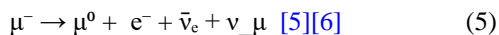
## 4. Extension of the Model to Heavy Leptons ( $\mu$ , $\tau$ )

The Neutrino Model can be naturally extended to heavy leptons (muons and taus), as well as to their decays and transient states [5] [6].

### 4.1. Muons ( $\mu^-$ , $\mu^+$ )

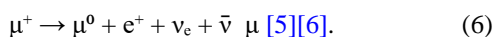
The muon can be seen as a heavier electron, with its own shielding mediated by neutrinos and antineutrinos [5].

Decay of the  $\mu^-$



In this process, the electron and the antineutrino are considered pre-existing within the muon, protected by neutrinos. The decay is therefore interpreted not as destruction but as the release of these shielded charges.

Decay of the  $\mu^+$



Similarly, the positron is interpreted as a latent particle shielded by the neutrino. Its emission represents a controlled reorganization of charges.

### 4.2. Transient Neutral State ( $\mu^0$ )

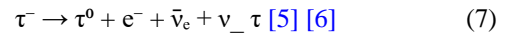
The Neutrino Model hypothesizes the existence of a neutral muonic state ( $\mu^0$ ), formed when shielding

balances electrons and positrons with their respective neutrinos. This neutral state would be absorbed by nuclear matter, facilitating reorganizations without leading to annihilation [5] [6].

### 4.3. Taus ( $\tau^-$ , $\tau^+$ )

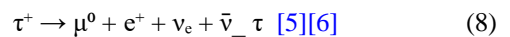
The same reasoning can be extended to taus, which decay into lighter particles while maintaining the principle of neutrino-mediated protection [5] [6].

Decay of the  $\tau^-$



Again, the released electron or muon is understood as a latent particle shielded within the  $\tau^-$ .

Decay of the  $\tau^+$



The released positron or antimuon is interpreted similarly.

### 4.4. Transient Neutral State ( $\tau^0$ )

Analogous to  $\mu^0$ , a neutral taonic state ( $\tau^0$ ) is proposed. These transient neutral states, though not experimentally identified, could be crucial for nuclear reorganizations involving heavy leptons, ensuring the controlled coexistence of charges and avoiding uncontrolled annihilation events [5] [6].

#### Summary of point 3:

-Heavy leptons ( $\mu$ ,  $\tau$ ) follow the same protective mechanism proposed for electrons and positrons [5] [6].

-Their decays are reorganizations, not annihilations [5]

-Neutral transient states ( $\mu^0$ ,  $\tau^0$ ) are absorbed by nuclear matter, enabling stability and coexistence [3] [4].

## 5. Implications for Quarks and Nuclear Structure

The Neutrino Model also has implications for quark structure and the interactions that compose protons and neutrons [5] [7].

### 5.1. Quarks as Hosts of Latent Charges

The presence of latent electrons and positrons shielded by neutrinos suggests that quarks themselves may contain structures capable of sustaining this coexistence.

-A proton (uud) may accommodate latent positrons shielded by neutrinos [5] [7].

-A neutron (udd) may accommodate latent electrons shielded by antineutrinos [5] [7].

This interpretation expands the traditional view of quarks as, fundamental particles, attributing to them the role of stabilizing hosts of charges through neutrino mediation [5] [7].

### 5.2. Transient Neutral States of Quarks ( $q^0$ )

The model predicts the possible existence of neutral quark states ( $q^0$ ), temporarily absorbed by nuclear matter during reorganization processes. These states could

represent an intermediate step in strong and weak interactions, allowing the stable coexistence of opposite charges [5] [7].

### 5.3. Reinterpretation of the Strong Force

The strong force, traditionally mediated by gluons, may also involve the protective action of neutrinos and antineutrinos, ensuring that latent charges do not annihilate. This would add a new dimension to the understanding of nuclear binding [5] [7].

### 5.4. Reinterpretation of the Strong Force

The strong force, traditionally mediated by gluons, may also involve the protective action of neutrinos and antineutrinos, ensuring that latent charges do not annihilate.

#### Summary of point 4:

- Quarks may act as structures capable of sustaining latent charges shielded by neutrinos [5] [7].
- Neutral states ( $q^0$ ) are proposed as intermediates in nuclear reorganizations [5] [7].
- Neutrinos could play a complementary role to gluons in the stability of nuclear matter [5] [7].

## 6. Predictions of the Neutrino Model

The Neutrino Model, besides reinterpreting known decays, makes specific predictions that can be tested experimentally [5] [6].

- Existence of transient neutral states ( $\mu^0$ ,  $\tau^0$ ,  $q^0$ ) [5] [6].

These states, though short-lived and difficult to detect, are central to the mechanism of nuclear stability [5] [6].

- Balanced emission of neutrinos and antineutrinos

If neutrinos act as protective shields, their emission patterns should reflect reorganizations of latent charges, rather than purely stochastic processes [5] [6].

- Possibility of stable antimatter in nuclei

The model predicts that positrons may remain latent inside protons without annihilating, suggesting the coexistence of stable antimatter inside ordinary matter [5] [6].

- Reinterpretation of beta decay spectra

Electron and positron emission spectra may reveal patterns compatible with the release of shielded charges [5] [6].

- Cosmic balance between matter and antimatter

The model suggests that the apparent predominance of matter in the universe may be an observational artifact. Antimatter may exist in latent form, shielded inside ordinary nuclei [3] [4] [5] [6].

## 7. Experimental Testability

The strength of the Neutrino Model lies in its capacity to generate experimentally testable hypotheses [5] [6]. Some proposed verifications include:

- Detection of transient neutral states ( $\mu^0$ ,  $\tau^0$ ,  $q^0$ )

Particle accelerators and high-energy detectors could reveal signatures of these states, even if extremely short-

lived, through anomalies in energy conservation or unexpected absorption in nuclei [5] [6].

- Detailed analysis of beta decay spectra

Precise measurements of the energy distribution of emitted electrons and positrons could indicate the preexistence of these particles inside nucleons, contradicting the idea of purely spontaneous creation [5] [6].

- Correlation of neutrino emissions

Observing correlations between neutrino and antineutrino emissions in nuclear processes could validate their protective role, beyond mere energy balance [3] [4] [5] [6].

- Study of electron capture in controlled nuclei

Experimental verification of radiation and neutrino emissions predicted by the model would strengthen the interpretation of electron capture as a reorganization process [5] [6].

- Search for stable antimatter in ordinary nuclei

Investigating whether latent positrons can be indirectly detected within protons would provide strong evidence for the model [3] [4] [5] [6].

## 8. Cosmological Implications

The Neutrino Model not only reinterprets nuclear physics but also has profound cosmological implications [3] [4] [5] [6].

### 8.1. Apparent Matter–antimatter Asymmetry

If positrons and electrons can coexist stably within nuclei, shielded by neutrinos, then the universe may indeed preserve the initial balance between matter and antimatter. What we perceive as asymmetry may simply be the result of antimatter existing in latent, shielded form [3] [4] [5] [6].

### 8.2. Role of Neutrinos in Cosmic Evolution

Neutrinos, produced in vast quantities since the Big Bang, may not be mere byproducts of interactions but active stabilizers of cosmic matter. Their abundance in the universe could be a direct indicator of this protective role [3] [4] [5] [6].

### 8.3. Dark Matter as Latent Antimatter

The model raises the possibility that part of what we call dark matter could be interpreted as latent antimatter shielded by neutrinos. This speculative hypothesis, though still highly uncertain, could open new lines of research in cosmology [3] [4] [5] [6].

### 8.4. Stability of Galaxies and Cosmic Structures

The protective role of neutrinos may also influence the large-scale dynamics of matter, ensuring the stability of stars, galaxies, and clusters over billions of years [3] [4] [5] [6].

## 9. Conclusion

The Neutrino Model redefines our understanding of the relationship between matter and antimatter, showing that the apparent predominance of matter in the universe is only apparent. Matter itself is created through the balance between the positive charges of protons — charges generated by positrons — and the negative charges of electrons [3] [4] [5] [6]. This does not reflect a true imbalance, but rather a functional and latent coexistence.

Through the active role of neutrinos and antineutrinos as protective shields [5] [6]:

-Atomic nuclei achieve stability without electrons and positrons annihilating each other.

-The redistribution of energy and charge occurs in a controlled manner during decays and subatomic reorganizations.

-The balance between opposing forces is embedded in the very nuclear structure [5] [6].

The Neutrino Model therefore proposes a profound reinterpretation of subatomic and cosmological processes, assigning neutrinos and antineutrinos an active role as protectors of opposite charges within atomic nuclei [3] [4] [5] [6].

- $\beta^-$  and  $\beta^+$  decays, as well as electron capture, are reinterpreted as reorganizations of latent charges shielded by neutrinos [5] [6].

-Heavy leptons ( $\mu$ ,  $\tau$ ) and quarks may form transient neutral states ( $\mu^0$ ,  $\tau^0$ ,  $q^0$ ), absorbed by nuclear matter and central to stability [5] [6].

-The model predicts the possible existence of stable antimatter within ordinary matter, solving the paradox of matter–antimatter asymmetry [3] [4] [5] [6].

-Neutrinos are elevated from passive byproducts to key mediators of stability, with implications ranging from nuclear physics to cosmology [3] [4] [5] [6].

Although speculative and awaiting experimental confirmation, the Neutrino Model provides a coherent and unified vision of subatomic stability and cosmic balance. By opening new experimental pathways and challenging the conventional interpretation of decays, it offers a promising framework for understanding the deep coexistence between matter and antimatter in the universe [3] [4] [5] [6].

## ACKNOWLEDGMENT

The author acknowledges the use of modern digital tools in refining the clarity of the text

## References

- [1] C. Patrignani et al., “Review of Particle Physics,” *Chin. Phys. C*, vol. 40, no. 10, pp. 100001, 2016.
- [2] S. Weinberg, *The Quantum Theory of Fields*, Cambridge University Press, 1995.
- [3] T. Kajita, “Nobel Lecture: Discovery of atmospheric neutrino oscillations,” *Rev. Mod. Phys.*, vol. 88, p. 030501, 2016.
- [4] K. Nakamura and S.T. Petcov, “Neutrino mass, mixing, and oscillations,” *Prog. Theor. Exp. Phys.*, vol. 2022, no. 8, pp. 083C01, 2022.
- [5] E. Fermi (1934). Tentativo di una teoria dei raggi  $\beta$ . *Il Nuovo Cimento*.
- [6] C.L. Cowan & F. Reines (1956). Experimental Detection of the Neutrino. *Phys. Rev.*
- [7] D.H. Perkins (2000). *Introduction to High Energy Physics*. Cambridge University Press.
- [8] Fernandes, J.L.P.R. (2025). The Notion of What Time Is. *Pacific Journal of Science and Technology*.
- [9] José Luís Pereira Rebelo Fernandes, The Relativity of the Time with the Universal Density of Potential Energy at Different Stationary Reference Frames, *International Journal of Physics, IJP*.
- [10] Fernandes, J.L.P.R. (2025). The Relativity between Time and the Local Universal Density of Potential Energy: A Solution of Mach's Principle? *PJST*.

